



**Trenton Housing Authority's
Resident Services Department
Invite You To Work Out With Us!**

2022 Fun and Fitness Program

Come learn to do the *Ballroom 2Step*,
the *Cha Cha* and more.....

Every Monday; Feb. 28 thru May 23
6:00 pm to 7:00 pm
Instructor: James Ellis, Jr.

FREE OF CHARGE

**Donnelly Homes Gymnasium
875 New Willow Street
Trenton, NJ 08638**

Come *STEP* to the latest
Line Dances

Every Thursday; March 3 thru May 26
6:00 pm to 7:30 pm

Fun for all levels
Instructor: Randilyn O'Neal

Fitness Training for all levels!

Every Tuesday; March 1 thru May 24
7:00 pm to 8:00 pm
Bring your mat and water for this
Bodyweight and Flexibility Training
Instructor: Eric Wall

All classes are free of charge and are held
at the Donnelly Homes Gymnasium.

For additional information, contact the
Resident Services Office at 609-278-5025.

